The Hope You Need For Change

Life’s Healing Choices: The Beatitudes - Part 2

“God blesses those people who grieve. They will find comfort!”

Matt. 5:4 (CEV)

“No one can live with a broken spirit.”

Pr. 18:14 (NCV)

WHERE TO GET HOPE WHEN CHANGE SEEMS HOPELESS

1. REMEMBER GOD __________________________

“Those who forget God have no hope.”

Job 8:11a (LB)

“Lord, when doubts fill my mind, when my heart is in turmoil, quiet me and give me renewed hope and cheer.”

Ps 94:19 (LB)

2. REMEMBER HE CARES __________________________

“I have hope when I think of this: The Lord’s love never ends; His mercies never stop. They are new every morning.”

Lam 3:21-23 (NCV)

“He is like a father to us, tender and sympathetic ... for He knows what we are made of – dust.”

Ps. 103:13-14 (LB/GN)

3. REMEMBER HE KNOWS __________________________

“You know how troubled I am; You have kept a record of my tears.”

Ps. 56:6 (GN)
4. REMEMBER HE HAS ______________________________

“What is impossible for men is possible with God.”
Luke 18:27 (GN)

“When everything was hopeless, Abraham believed anyway, deciding to live not on the basis of what he couldn’t do but on what God said He would do.”
Rom. 4:18a (Mes)

“For God is at work within you, giving you the will and the power to achieve His purpose.”
Phil. 2:13 (Ph)

5. REMEMBER HE’S PROMISED _________________________

“I expect Your help, for You have promised it.”
Ps. 119:81 (LB)

“God cannot lie when He makes a promise, and He cannot lie when He makes an oath. These things encourage us…They give us strength to hold on to the hope we have been given.”
Heb. 6:18 (NCV)

STEP 2

Earnestly believe that God exists; that I matter to Him, and that He has the power to help me recover.

“The Spirit that God gives us … fills us with power, love, and self-control.”
2 Tim. 1:7 (GN)